

Peer to Peer

Participant's Registration Form

Peer to Peer is a *FREE* class sponsored by the National Alliance on Mental Illness (NAMI) Tarrant County.

Who may attend: Persons with a diagnosed mental illness. This class is for adult persons only.

Purpose and emphasis: Education about persistent brain disorders and medications, coping skills, empathy for the ill, community resources, advocacy, and self-care. Taught *by peers to peers*. *Not* a therapy group. Commit to 10 weeks.

Class applies to: Schizophrenia, Major Depression, Bipolar Disorder, Borderline Personality Disorder, Panic Disorder, OCD, and co-occurring Brain Disorders and Addictive Disorders. (Drug abuse or alcoholism without a mental illness, brain injury, Alzheimer's, or criminal behavior without a mental disorder are not addressed in this class)

Participants' Name(s): _____

Phone #'s: _____ Home/Office/Cell (please circle)

Phone #'s: _____ Home/Office/Cell (please circle)

Phone #'s: _____ Home/Office/Cell (please circle)

Email: _____

Address: _____

Age and Diagnosis: _____

Length of illness: _____

How did you hear about the class? _____

Any further information you would like to share:

Thanks,

Jennifer Nunley

Please reply by email (jennifer@namitarrant.org) or mail (3136 West 4th Street, Fort Worth TX 76107-21136).

Any questions please call me at 817-332-6677