



Tarrant County

NAMI TC Board of Directors – Meeting November 10, 2015

ATTENDANCE: The meeting was called to order at 6:10 p.m. at the MHA office in the Alfred Saenz Conference Room.

Present: Sherry Fairchild, Rachel Lubke, Ed Guthrie, Jerri Escobedo, Jennifer Nunley, Walter Taylor, Donna Correa, Scott Collins, Ruth Collins, Brandon Alexander, Elle Valderas

Absent:, Vivian Siao

Quorum: Met

Staff: Sue Adams, Julia Webb

Guests: None

WELCOME: Sherry Fairchild welcomed the board and provided time for members to share any news they would like to share

MINUTES: October 2015 minutes were distributed at the meeting. A motion was made by Ed Guthrie to accept the minutes. A second was made by Scott Collins. The minutes were approved 10-0-0.

TREASURER'S REPORT: Brandon Alexander presented the treasurer's report. Brandon reviewed the accounts and expenses for the month of October. \$36,000 was received from the Rausch Family Fund to pay for the income tax for the earlier donation. One correction was made to the report. The transfer of 10/21/15 which was listed as moving funds from savings to checking should be stated as moving funds from checking to saving.

The mutual funds have gained back some of the previous losses.
Brandon Alexander will be meeting with the Wells Fargo on the second Thursday or Friday of November and has invited other directors to attend if able.

A motion was made by Ed Guthrie to accept the report with the above noted change. A second was made by Rachel Lubke. The minutes were approved 10-0-0.

Regarding the 2016 budget, Brandon Alexander will be reaching out to the committee leaders for next year's budget. He is targeting to present the new budget at the December general meeting. Sherry Fairchild requested that Sue Adams find out about training opportunities for next year so that we can budget appropriately.

OLD ITEMS: New Location: Sherry Fairchild met with Arlington Heights United Methodist Church regarding moving the general meeting. The Church is located on the Camp Bowie bus line. The church has a large fellowship room with smaller meeting rooms we could use. We would likely need to move the general meeting to an alternate Thursday as the third Thursday is a very busy day already for the church. A comparison of the cost of our current facility and proposed facility is required. University Christian Church costs \$345 per quarter.

No contact has been received from Basnot regarding beginning a family support group at JPS.

NEW ITEMS:

Rachel Lubke has been working with Feastivities on a menu for the holiday party. The budget for food is \$800 plus an additional \$100 for dessert. The current cost is \$10 per plate from the caterer, but a cost reduction is in the works. Approximately 100 people attended the party last year. The same number can be anticipated for this year. A motion was made by Scott Collins to authorize the budgeted amount for the Christmas party. Ed Guthrie seconded. Motion passed 10-0-0.

Rachel Lubke will pick up the meal and it will be served buffet style. In addition, we will need to provide our own drinks. It was decided to cover all sign up rather than limiting the number of attendees.

Sherry Fairchild stated that Dr. Paul Warren and the "Common Folk Band" have agreed to provide a musical program. An honorarium is not required, but they would appreciate a donation of \$400 to help with new instruments. After a period of discussion, a motion was made by Ed Guthrie to give a donation of \$200. The motion was seconded by Rachel Lubke. Motion passed 10-0-0.

A discussion was held to provide the peers with cards containing gift cards which have been the tradition at the party. A motion was made by Scott Collins to provide \$150 for gift cards. The motion was seconded by Donna Correa. Motion passed 10-0-0.

Scott Collins will say the blessing for the meal. Elle Valderas will work on the table decorations. Donna Correa will ask Richard to be Santa Claus.

Ed Guthrie volunteered to make phone calls to previous visitors and invite them to the holiday party. Everyone will need to RSVP for the meeting. Everyone should pass out flyers and collecting responses from people.

The JPS bond issue for the psychiatric wing was postponed. Walter Taylor to contact Wayne Young to determine if there is any way NAMI-TC can help. Elle Valderas would like the NAMI membership to rally in support of the expansion.

MONTHLY MEETING PROGRAM TOPICS:

Nov 19th: Thanksgiving and State Conference reports – Sue Adams to contact individuals who attended the conference to recruit testimonials.
Dec 17th: Christmas party
Jan 21st: Brian Maynard

BOARD COMMITTEES:

Newsletter: No report.

Technology: No report.

Benevolence: No new requests. A thank you was received from the Macks for our provision last month.

Membership: No report.

Hospitality: Elle, Tim and Donna are to work the registration table for November's general meeting. A sign up sheet was passed for this month's food as a Thanksgiving theme is encouraged. Jerri requested help in the kitchen to help with preparations.

Nominations: Thirteen applications were received for the five open positions. Phone interviews are to be conducted by the committee on November 12. The slate of nominees is due to be presented to the membership for a vote in December.

**NAMIWALK
MANAGER:**

Julia Webb provided an update of various outreaches she attended. Sherry Fairchild has provided approval for Julia to be NAMI-TC ambassador to the Fort Worth Chamber of Commerce. Jennifer Nunley has been entering the contacts Julia has been making into the database. The Fort Worth Chamber of Commerce offers a ribbon cutting ceremony to members as part of their dues. Julia presented the idea for NAMI-TC to have a ribbon cutting in May to kick-off Mental Health Month.

Julia Webb is trying to obtain a media sponsor for next year's walk. NAMIWalks is switching to Donor Drive for the walks next year. It will result in an increased fee for credit cards. It will allow for analysis of donor trends to enable NAMI-TC to determine which fund raising area is falling behind.

\$68,000 has been raised so far with additional monies to be entered. The licensing agreement for the next two years is due on November 20. The \$5,000 fee will be taken out of NAMI-TC's disbursement money.

The budget for next year's walk is due on December 1, 2015 at the national office. The budget submitted may be adjusted as needed. Julia Webb recommended submitting the same budget as this year. The walk budget for 2015 was \$28,000 which includes the walk manager's salary. We are projected to be under budget.

Brandon Alexander is working on setting up automatic payments for the storage facility with the walk materials in it. Payments are \$129 per month.

Julia Webb has begun working on the sponsorship applications for next year. She noted most of them want a two page report of what the group does for the county as well as an audit report. NAMI-TC does not have an annual report at present. Julia would like to obtain the required information, and enlist the help of a contact who will help write the annual report *pro bono*. Jerri Escobedo presented the suggestion that each board member obtain one corporate sponsor for next year's walk. Sherry Fairchild requested a list of 10-15 corporations for the members to contact.

Julia Webb presented a request to have co-chairs for next year's walk – one would coordinate fund raising and one would concentrate on activities of the walk.

Julia Webb emailed the license agreement to the board. The agreement needs to be signed by Sherry Fairchild. Julia amended that the budget is due before December 31.

EDUCATION:

Family-to-Family at MHA has 14 people attending. The feedback received to date has been positive.

The Peer-to-Peer group at MHA has 11 people in attendance. The feedback to date has been positive.

The Peer-to-Peer group at Weatherford has 8-10 people. The class includes new people from the community. The feedback to date has been positive.

Additional facilitators are needed for both the Family-to-Family and Peer-to-Peer. Budgeting should be taken into consideration for next year. Sue will look into what trainings are available next year.

Charles Valenzuela is interested in leading a Spanish Connections Support Group. Rosy Fajardo and Charles are both trained, but have not yet facilitated in Spanish. They have both facilitated in English so we can develop a Spanish Connection Support Group when we have a room and people.

**ADVOCACY/
LEGISLATIVE
REPORT:** Elle received a call regarding national legislation, and recruiting local members to complete an online petition for each member's local representative. Emails were issued to members to complete the petitions.

The Speaker of the Texas House has appointed a committee on Mental Health.

Greg Hench would like people to complete the Able Act survey.

MEMBERSHIP: Four new/renewals through NTC; three online new/renewals

OPPORTUNITIES: Walter Taylor spoke with the head of the Disability Office at University of Texas – Arlington regarding a NAMI on Campus program. UTA is currently deciding between NAMI and another program. The campus is currently determining student preference over the group. The university would also need to locate a private space for any such meeting. Walter will follow up with UTA and Sherry Fairchild will reach out to contacts she has at UTA.

TABLED ITEMS: Budget for 2016

ADJOURNMENT: Meeting was adjourned at 7:35 pm. Next regular meeting is on December 1, 2015. There will likely need to be a second meeting before the general meeting to review the 2016 budget.

Respectively submitted,

Ruth Collins, Secretary