



# Tarrant County

## NAMI TC Board of Directors – Meeting December 01, 2015

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**ATTENDANCE:** The meeting was called to order at 6:10 p.m. at the MHA office in the Alfred Saenz Conference Room.

**Present:** Sherry Fairchild, Ed Guthrie, Walter Taylor, Scott Collins, Jerri Escobedo, Ruth Collins, Jennifer Nunley, Donna Correa, Vivian Siao, Elle Valderas, Rachel Lubke

**Absent:** Brandon Alexander

**Quorum:** Met

**Staff:** Sue Adams, Julia Webb

**Guests:** Field Ledford, Carolyn Apodaca, Eric Vanderwerken

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**WELCOME:** Sherry Fairchild welcomed the board and provided time for members to share any news they would like to share

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**MINUTES:** November 2015 minutes were distributed at the meeting. A motion was made by Ed Guthrie to accept the minutes. A second was made by Elle Valderas. The minutes were approved 10-0-0.

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**TREASURER'S REPORT:** No report provided.

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**OLD ITEMS:** New Location: Arlington Heights cancelled a meeting with Sherry Fairchild and Sue Adams. Discussion was held as to whether a different night would be open for the meeting as the church does not have any free Thursdays open. The site would be desirable in that the bus line runs until 10:30 in the area. A discussion was held regarding moving the general meeting to Tuesdays, if the board meetings were moved to Tuesdays permanently. However, the Weatherford support group meets on Tuesday. Elle Valderas will contact Hope Works Church which is also on a better bus route than the current location at University Christian Church.

Registration table – Jennifer Nunley, Donna Correa and Vivian Siao will work the table this month and provide ballots, slate biographies, and Christmas cards to attendees.

The Common Folk Band accepted our donation of \$200 and will perform at the holiday celebration. Paul Warren will RSVP with the number of people attending so we can plan the food.

Julia requested the board approve a ribbon cutting ceremony for NAMI at MHA, tentatively in May 2016 for National Mental Health Month. Elle Valderas made a motion to approve the ceremony. Rachel Lubke seconded the motion. The motion passed 10-0-0.

Doctor letter: Discussion was held on doing a limited printing since the change of location is still a possibility. Elle Valderas, Julia Webb, and Rachel Lubke have contacts with printers and will determine the cost for 500, 1,000, and 2,000 prints for a heavy-stock, tri-folded, two-color, matte (or semi-gloss) print brochure.

Sherry Fairchild is trying to contact Basnot Phillip-Williams at JPS regarding a weekly support group. A discussion was held that the group should be open to the community to provide consistency in attendees. JPS had mentioned using the support group for those with in the JPS system. However, allowing people outside of the system would provide members with experience to help provide guidance and support.

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**NEW ITEMS:**

Jerri Escobedo would like to donate \$400, with the \$300 going to train new Family-To-Family facilitators and \$100 for hospitality. As the Ledfords are leaving the area, additional facilitators will be required. Training for facilitators will be provided in Dallas in 2016. Scott Collins motioned to accept the monies and Jerri's recommendations on the spending. Elle Valderas seconded the motion. Motion passed 10-0-0.

See NAMIWalk manager training.

End-of-Year donations will be held at next month's meeting due to Brandon's absence.

Alpha Kappa Alpha needs confirmation if NAMI-TC would like to have an auction. They need to begin preparations soon. AKA determines the date of the auction and sets up the framework for it. A motion was made by Jennifer to partner with AKA to have an auction in 2016. The motion was seconded by Ed Guthrie. The motion passed 10-0-0.

Rachel Lubke recommended the board consider beginning "mingle"-type events such as a movie night. The support group in Weatherford has an "Eatin' Meetin'" one a month for games, movies, etc. Discussion was held regarding having a social committee which could locate free events or locations to have the informal events.

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**MONTHLY MEETING**  
**PROGRAM TOPICS:**

Dec 17<sup>th</sup>: Christmas party and Board elections  
Jan 21<sup>st</sup>: Brian Maynard

Suggestions were provided – Veteran's administration has a band which performs around the area. A recommendation was made to have members present their stories as an alternative to having an outside speaker.

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**BOARD**  
**COMMITTEES:**

Nominating: Field, Carolyn, and Ed interviewed 13 people for the board positions. After the interviews, Ed Guthrie requested he be put forward for consideration as president of the board. He was replaced on the committee by Walter Taylor. The board unanimously provided the following recommendations:

President: Ed Guthrie  
Vice President: Elle Valderas  
Treasurer: Brandon Alexander  
Member-at-Large: Rachel Lubke, Donna Correa, Kim Zueck-Parker,  
Chris Janvier, and Tammy Baxter  
Honorary Member-at-large: Jennifer Nunley

The nominating committee will provide a brief biographical sketch of the slate, and voting for the new board members will occur at the December general meeting. Jennifer Nunley will check names at the registration table and hand out ballots to the members. Tentatively, the nominees will be asked to stand and Field will provide a brief 1 or 2 sentence sketch of the nominee.

Newsletter: No report.

Technology: No report.

Benevolence: No new requests.

Membership: No report.

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Hospitality: Holiday Party – Sue will check on the number of cards left from last year for the peers. A discussion was held regarding the amount of the gift cards for peers and it was decided to let it remain at \$5. \$225 is in the budget for gift cards. Rachel Lubke will provide art for the raffle and tables. Charles Janvier will be providing book marks. Julia Webb has additional items for door prizes to be given away by raffle. Feastivities will provide the meal for \$9 per plate. There is enough budget for 100 people. Rachel will pick up the food and requested that board members bring additional desserts and drinks. A sign-up sheet was passed around the board for desserts. RSVP date will be December 11, 2015. A request was made to form a call team since so many people are not opening emails. Additional people will be recruited.

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**NAMIWALK  
MANAGER:**

The Walk site will close on December 3. All donations will need to be in by then. Approximately \$72,000 was collected with addition monies yet to be entered. A tentative amount of about \$74,000 was provided. It will be finalized after the closing of the site and a final report sent to board members.

All of the NAMIWalk items have been placed in the storage area with the exception of a couple large poles.

The Radisson has donated a meeting space for 75-400 people for NAMI-TC's use. Julia has begun working on several grant applications (BBVT, Meadows Foundation), but needs the final numbers to complete them.

Walk Manager training will be held January 29-31, 2016. The budget for the 2016-2017 Walks needs to be submitted to national as well as the \$5,000 Walk fee. The 2014 fee for the NAMIWalk was outstanding, and that amount was placed in 2015's budget. The \$2,500 received from MHMR was used to pay the Colonial bill.

The 2015 NAMIWalk is projected to be \$3,000 under budget.

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**EDUCATION:**

Family-To-Family at MHA graduated 12 people on November 30, 2015. All graduates expressed interest in volunteering with NAMI with 5 expressing interest in becoming facilitators.

The Peer-To-Peer group at MHA graduated 11 people. Five graduates indicated they were planning to join NAMI and are coming to the holiday party.

The Peer-To-Peer group at Weatherford graduated 7 people.

The next Family-To-Family and Peer-To-Peer groups in Tarrant County are tentatively scheduled for the end of January. The Peer-To-Peer group in Weatherford met twice a week and they would like to hold to that schedule again. There is the potential of a group being held in Granbury.

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**ADVOCACY/  
LEGISLATIVE  
REPORT:**

Elle Valderas spoke regarding Psychiatric Advance Directives which allow peers to file with the county a document stating that they give their permission to be treated in the event of an episode. The program is not available in Tarrant County at this time. Elle will speak with Judge Carr to see what steps NAMI-TC would need to take to enact this type of directive in our county.

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**MEMBERSHIP:**

Five new/renewals through NTC; two online new/renewals

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**OPPORTUNITIES:** None provided

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**TABLED ITEMS:** Budget for 2016

Doctor letter

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**ADJOURNMENT:** Meeting was adjourned at 7:50 pm. Next regular meeting is on January 7, 2016.

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Respectively submitted,

Ruth Collins, Secretary