



Tarrant County

NAMI TC Board of Directors – Meeting April 02, 2015

ATTENDANCE: The meeting was called to order at 6:30 p.m. at the MHA office in the Alfred Saenz Conference Room.

Present: Sherry Fairchild, Edward Guthrie, Brandon Alexander, Jerri Escobedo, Scott Collins, Vivian Siao, Rachel Lubke, Elle Valderas and Ruth Collins

Absent: Lynda Bryant, Jennifer Nunley

Quorum: Met

Staff: Sue Adams, Julia Webb

Guests: None

WELCOME: Sherry welcomed the board, staff and visitors.

MINUTES: March 2015 minutes were reviewed for approval. Ed Guthrie motioned to accept the minutes, Scott Collins seconded. Motion passed 10-0-0.

TREASURER'S REPORT No treasurer's report was provided. Jerri, Sue and Julia provided budget items. Elle needs to provide her request for this year's budget.

- OLD ITEMS:**
1. Wayne Young of JPS was contacted regarding the letter received from Dr. Victoria Moessner regarding her daughter's treatment at Tarrant County facilities. Dr. Young will investigate what occurred with the young lady at JPS. No contact has been made with Huguley.
 2. Ed discussed the revised letter for psychologists and psychiatrists that was sent to board members for review. The letter is ready to be sent. Before sending the letter, NAMI-TC needs to develop a poster that we can post in offices. In addition, we need a list of professionals in the area to contact. Sherry will check with the APA (who meet monthly at MHA) to see if we could access their list. It was also suggested to contact the Texas State Board in Austin for a list.
 3. Homefront – Sue provided additional information. The program is a 6 session course for families, caregivers and friends of military service members and vets with mental health conditions. It is taught by trained family members. In order to implement the program, NAMI members with family or friends who are vets or active military living with mental health conditions would need to be recruited to facilitate.
 4. The Fine Line Art Exhibit will start on April 17. It would be good for all to go in support of the museum providing more exhibits of this nature.
 5. The board still needs to find someone to perform an audit of the books. Brandon will present possibilities at the next board meeting.
 6. Ed requested Brandon to check on the possibility of direct deposit for staff personnel. Sue still needs a W2 form. There is a payment for taxes that still needs to be made to the government. Sherry, Ed and Brandon will meet to work on the budget for 2015.
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- NEW ITEMS:**
1. Jerri proposed a line item emergency fund for the budget to take care of unexpected requests such as rent requests, bus passes, etc. Discussion centered on determining qualifications for eligibility, determining responsibility for disbursements, and types of benevolence. The discussion was tabled.

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2. Vivian Siao will perform at Trinity United Methodist Church on May 3 at 4 pm to help raise money for the NAMI Tarrant County. The proceeds will be divided between the WALK and the church's children's choir. It is hoped that the church members will become more invested since the concert benefits their children's choir. Sherry will try and use the MHA van to bring those who need transportation. Sherry will contact the Fort Worth Star-Telegram to determine if a special interest article could be written for the concert.

Field and Melanie Ledford's church also expressed an interest in having a benefit concert. The tentative date is mid-October to allow for more promotion time.
 3. An In Our Own Voice presentation was made by Ed Guthrie and Chris Janvier at the Tarrant County College – South campus. The presentation was well received and the reviews from students were good.
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**MONTHLY MEETING
PROGRAM TOPICS:**

Apr 16th: Dr. Paul Warren
 May 21st: Rachel McBride
 Stewart Keller was contacted and is a possible speaker for July or August. Elle has contact with Tamara Peña of the Fort Worth Police Department on presenting her class on interacting with the police at a general meeting.

**BOARD
COMMITTEES:**

Newsletter: Deadline for articles or artwork to be 25th of each month and should be 400 words or less. The April newsletter is waiting for finalization of the flyer for Vivian Siao's fundraising concert. Sue will contact Candi King for additional help with the newsletter

Hospitality: Jerri will be gone for the April general meeting. Ed and Julia volunteered to perform the service. Volunteers for food items were taken.

**NAMIWALK
MANAGER:**

The theme for this year's walk is "Everything is Awesome".

Julia has continued to attend online mandatory trainings provided by NAMI.

Most sponsors from last year have re-committed to supporting the walk. Some additional sponsors from last year were divided among staff and board members for contact.

New sponsors are being contacted for support of the walk. Julia has contacted two funeral homes in the area as well as submitting applications to Takeda and Lundbeck who award local affiliates for their walk. Julia will provide to the board members a potential sponsor to contact to help in raising funds. The minimum sponsor amount is \$250.

Walk committees have been organized. Julia will ask committee members who are not already members of NAMI to join the organization. We will also allow sponsors to be virtual sponsors if they are unable to attend the walk.

The first information event is April 21 and will be held at MHA. 27 RSVP's have been received so far. Julia requested board help in calling individuals regarding the walk information event. Julia will provide a script for the calls.

Julia is working on fundraising items, and requested a petty cash disbursement for purchasing walk information items. Ed Guthrie moved that \$250 be given to Julia for the purpose of purchasing walk information items. Elle Valderas seconded. The vote was 10-0-0 in favor.

EDUCATION:

The current Peer-to-Peer class has 3-5 peers.

The current Family-to-Family class has 15 family members. Another Family-to-Family class is set for August. There is a need for additional Family-to-Family teachers.

It was noted that we need longer lead in times before the classes to promote them in the newsletter, emails and general meetings.

Additional family support group facilitators will be trained May 16 and 17, 2015. The trainer is allowing up to 8 facilitators to be trained. To provide hotel, mileage, books, meals and cover other necessary expenses, approximately \$1500 would be needed. Scott Collins moved that up to \$1500 be used to cover the expenses of the facilitator training. Ed Guthrie seconded. Motion passed 10-0-0.

**ADVOCACY/
LEGISLATIVE
REPORT:**

Currently, NAMI Texas has no one lobbying in Austin during the current legislative session due to budget constraint. Elle receive an email from Sharon LeBlanc that NAMI Texas is able to hire Greg Hench (former lobbyist for NAMI-TX) to lobby during the current session. They are requesting affiliates contribute the money needed to provide a short-term salary for Greg. Ed stated that the budget would allow \$1000 to be contributed to this effort. Elle Valderas moved that \$1000 be sent to NAMI-Texas for the purpose of contributing to a salary for Greg Hench to lobby on behalf of NAMI-Texas. Ed Guthrie seconded. The motion was passed 10-0-0.

MEMBERSHIP:

17 new/renewals through NTC; three online new/renewals

Opportunities:

Items from March:
The Fort Worth Police Department will be holding their Family Day on April 25, 2015 from 10 am – 3 pm. Ed will attend from 10:00-1:00 and Scott and Ruth will attend from 1:00-3:00. Jerri will try to attend at 10. Julia will head over after the Susan G Komen Race.

The Susan G Komen Race is April 25, 2015. Julia will be attend.

Tabled Items:

Contacting hospitals and doctors
Homefront program
Emergency fund

ADJOURNMENT:

Meeting was adjourned at 8:00 pm. Next meeting is on May 7, 2015 at 6:00pm.

Respectively submitted,

Ruth Collins, Secretary